

**FOUR-YEAR INSTRUCTIONAL PLAN**  
(Suggested course sequence for Athletic Training Students)

**Freshman Year**

<b><u>Fall</u></b>			
Expository Writing I	ENGL	100	3
Principles of Biology	BIOL	198	4
Biobehav. Basis of Exercise	KIN	220	4
College Algebra	MATH	100	3
Intro Athletic Training	HN	120	2
Intro Athletic Training Lab	HN	121	<u>1</u>
<b>Total</b>			17

<b><u>Spring</u></b>			
General Psychology	PSYCH	110	3
Gen. Chem & Lab/Chemistry I	CHM	110/111 or 210	4
Basic Nutrition	HN	132	3
Public Speaking I	COMM	106	3
Introduction to Sociology	SOCIO	211	<u>3</u>
<b>Total</b>			16

Subject to  
Change

**Sophomore Year**

<b><u>Fall</u></b>			
Human Body	BIOL	340	8
Care and Prevention	HN	320	3
Humanities	—	—	3
Practicum I	HN	583	<u>1</u>
<b>Total</b>			15

<b><u>Spring</u></b>			
Principles of Macroeconomics	ECON	110	3
General Physics	PHYS	113	4
Plane Trigonometry	MATH	150	3
Expository Writing II	ENGL	200	3
Emergency Management	HN	552	3
Practicum II	HN	584	<u>1</u>
<b>Total</b>			17

**Junior Year**

<b><u>Fall</u></b>			
Pharmacology in Athl Trng	HN	553	1
Evaluation of Extremities	HN	551	3
Physiology of Exercise	KIN	335	4
Physiology of Exercise Lab	KIN	336	1
Introduction to Statistics	STAT	325	3
Energy Balance	HN	535	2
Practicum III	HN	585	<u>1</u>
<b>Total</b>			15

<b><u>Spring</u></b>			
Therapeutic Modalities	HN	555	3
General Medical Conditions	HN	554	2
Rehabilitation of Injuries	HN	556	3
Human Nutrition	HN	400	3
Humanities	—	—	3
Practicum IV	HN	586	<u>1</u>
<b>Total</b>			15

**Senior Year**

<b><u>Fall</u></b>			
Administration of Athl Tr Prg	HN	557	3
Biomechanics	KIN	330	3
Nutrition and Exercise	HN	635	3
Meas. & Research Techniques	KIN	310	3
Practicum V	HN	587	1
Integrative Study Class	—	—	<u>3</u>
<b>Total</b>			16

<b><u>Spring</u></b>			
Nutritional Assessment	HN	450	2
Written Comm/Sciences	ENGL	516	3
Practicum VI	HN	588	1
Electives (3 courses)	—	—	<u>8</u>
<b>Total</b>			14