

## **Alzheimer's and Dementia**

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### ***Alzheimer's***

#### **View From The Inside: Alzheimer's Disease – The Journey Within**

**M500.01**

This informative video takes viewers through a daughter's deepest feelings, expressed in a journal, as she watches her mother go through the initial stages of Alzheimer's disease, and shows how those feelings eventually lead her to experience a profound change within herself. The insights shared here will help any family member in a similar situation understand and accept the common feelings of denial, shock, anger and grief, to move through the difficult early transition period, and realize that they are not alone.

1995, color, 20 mins, VHS

#### **Losing It All: The Reality of Alzheimer's Disease**

**M500.02**

This documentary offers a personal glimpse into the lives of five victims of Alzheimer's disease, and their families, in this eye-opening documentary. Princess Yasmin Aga Khan who lost her mother, Rita Hayworth, to Alzheimer's is co-narrator of the program. In this powerful portrait of unconditional love, the victim's families speak openly about their grief and frustration, describing the sudden onset of the illness and the sense of loss that follows. They also comment on the difficulty and stress which role reversals create within the family structure. As the disease slowly progresses, viewers sense the confusion and agony patients experience as they lose sight of what was once familiar. One striking and tragic figure in this video is a woman who does not have a strong network of family caretakers. The deplorable living condition in which she survives delivers a strong statement about those elderly members of society who slip through the cracks. Some of the disease's genetic connections are explored.

1991, color, 60 mins, VHS

#### **Forget Me Never**

**M500.03**

When Diana McGowin got hopelessly lost driving home, she knew something was terribly wrong. Because she was only fifty-two, the doctors did not suspect Alzheimer's. After three years of tests they concluded she had a rare form called "early onset" which can strike victims as early as their thirties. This articulate, high-spirited woman is the first person to chronicle the onset of Alzheimer's. In her book, *Living in the Labyrinth*, she writes about her good days and her bad days and the effect of her illness on her children and her husband. Realizing there were others with the same problem, she formed the first early onset Alzheimer's support group. There she met Richard Badessa, formerly a professor of English who once had an encyclopedic memory. The two of them have become unlikely crusaders, pressing for research, affordable long-term care, and most of all, respect. Their friendship has helped them each feel less isolated

1996, color, 15 mins, VHS

#### **Compassionate Touch: Benefits & Effects in Alzheimer's Care**

**M500.04**

This unique video shows the attentive touch and gentle message in caring for and relating to those who have Alzheimer's Disease. Accompanied by a 27 page manual that compliments and expands the points illustrated in the video.

26 min, VHS

**KSU Center on Aging**  
Media Descriptions listed by Category

**Iris**

**M500.05**

Based on the story of the life of Iris Murdoch, one of the twentieth century's most acclaimed novelists, as seen through the eyes of her husband, John Bayley. The story is set when the couple meets and falls in love at Oxford University and follows them as they struggle to cope with the deterioration of Iris' mind due to Alzheimer's disease.

2002, color, 87 mins, DVD

**The Forgetting: A Portrait of Alzheimer's**

**M500.06**

Based on the recent acclaimed book by David Shenk, the documentary explores Alzheimer's, taking both a sweeping and intimate look at how this cruel disease affects nearly five million Americans and their loved ones. At a critical time in our nation's struggle with the disease, as it threatens to reach epidemic levels due to the aging Baby Boomer population, *The Forgetting* provides viewers with information, insight, context, help and hope.

2003, Color, 120 min, VHS

**Quick Brown Fox**

**M500.07**

Who are you if you can't remember who you are? Ann Hedreen's mother started showing symptoms of Alzheimer's disease at the barely-old age of 60. Though it started with small signs—forgetting what she was doing and losing her way home—the irreversible disease would change her and her family's lives forever. Emmy-nominated Quick Brown Fox combines their moving personal journey with an insightful look at the science and politics of Alzheimer's—a disease that now affects more than 18 million people worldwide.

Devastated and angry about her mother's decline, Hedreen began an uncompromising pursuit of information about possible causes and cures, volunteering as a long-term test subject at an Alzheimer's research center in Washington and interviewing prominent doctors and researchers to gain insight into the politics of funding and stem-cell research. Interweaving these experiences with super-8 home movies, 1950s medical films and heartbreaking interviews with her family, Hedreen's film bravely confronts the disease that has mangled the mind of her once brainy mom, and raises profound questions about the importance of memories in defining ourselves.

2005, Color, 57 min, DVD

**The Road to Galveston**

**M500.08**

Jordan Roosevelt, at 65, found herself alone, destitute, and depressed. Up against the wall, she took heart from the suggestion of a friend, a blind woman who was a nurse: enter a foster care program in which one takes care of patients in their own home. The patients she cares for are Alzheimer's sufferers, and she shares her home with three other women in advanced stages of the disease, one wheelchair bound. And with these women, Jordan realizes a lifelong dream - to feel the ocean breeze. An accidental find of a coffee can stash of cash, buried by her late husband, makes the trip possible. Based on the true story of Peggy Lee of Camilla, Texas (the Alzheimer's, the patients, and the foster care program are actual, the trip to the Galveston beaches is fictional).

1996, 93 min, VHS

**Away From Her**

**M500.09**

Married for almost 50 years, Grant (Gordon Pinsent) and Fiona (Julie Christie) appear to have an unwavering commitment to each other. This serenity is broken by Fiona's increasingly evident memory loss. For a while, the couple is able to casually dismiss these unwelcome changes. But when neither Fiona nor her husband can deny any longer that she is being consumed by her disease, the couple is forced to wrenchingly redefine the limits of their love and loyalty – and face the complex, inevitable transition from lovers to strangers.

2007, 110 min, DVD

**KSU Center on Aging**  
Media Descriptions listed by Category

***Dementia***

**A Supportive Setting**

Description unavailable.

**M550.01**

**Recognizing & Responding To Emotions  
In Persons With Dementia**

Often in persons with dementia non-verbal signs are more accurate communications than verbalizations. This new video will teach caregivers how to understand and decipher facial expressions, vocal signs and body language in persons with dementia.

Color, 22 min, VHS

**M550.02**

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