



Long Term Care

Long Term Care Debate: Choices For Reform **M750.01**

Bon Appetite: How To Create Mealtimes in Long Term Care Series **M750.02 – M750.03**

This video training program presents a comprehensive mealtime program that focuses on principles of resident autonomy and person centered care. Special attention is devoted to identifying the needs of people with dementia. The program covers: The effects of dementia on communications, behavior and eating, creating dining experiences with less distraction and how to prepare and serve food in a way that enables the resident to eat as independently as possible.

Color, 40 min, VHS

Restraint-Free Care and the Environment **M750.04**

This video describes significant design and practice elements, supporting individualized, and restraint free care in an exemplary long-term care facility in Gothenburg, Sweden. The materials are particularly useful to administrators, staff, advocates, and consultants in long-term care and to students of design, gerontology, and the health professions.

1993, Color, 15 min, VHS

Compassionate Touch: How To Make Patients More Comfortable In Long-Term Care **M750.05**

Compassionate Touch alleviates touch deprivation, isolation and loneliness for residents in long-term care facilities, hospitals and other institutional settings. The importance of "touch" plays a key role in one's healing and overall feeling of wellness. In this video, you will see moving demonstrations of how therapeutic massage and attentive touch can help a number of different patients facing long term illnesses.

Color, 22 min, VHS

Older Voices: Interviewing Older Adults **M750.06**

Interviewing older adults, especially the frail and sick, can be challenging even for a trained interviewer. Many factors can influence their willingness and ability to participate in a study. Because of this, interviewers who have been trained to collect data in a standardized manner must also learn to be flexible enough in their techniques to accommodate the special needs of older adults.

Color, 46 min, VHS

One East **M750.07**

This program documents the vivid realities of a long-term care environment. As staff provides basic care, they demonstrate positive interactions with residents suffering from dementia. Even with combative residents, staff responds firmly but in a caring manner. Shot on location at the Johns Hopkins Geriatrics Center. Emmy nominee, award-winning documentary, nationally broadcast.

Color, VHS

KSU Center on Aging

Media Descriptions listed by Category

Communicating With Moderately Confused Older Adults

M750.08

Using actual footage of individuals with Alzheimer's disease and related disorders, geriatric experts highlight the characteristics and most effective approaches for understanding and helping moderately confused older adults. An extensive program guide accompanies the video.

Color, 20 min, VHS

Communicating With Oriented Older Adults

M750.09

Here, techniques of empathy, listening, nonverbal communication, questioning and information gathering are demonstrated and discussed. A special focus on suicidal behavior is included -- enlightening for new care providers and affirming for experienced care givers! An extensive program guide accompanies the video.

Color, 20 min, VHS

Communicating With Severely Confused Older Adults

M750.10

Characteristics and intervention techniques associated with the later stages of dementia disorders are defined and demonstrated with actual older adults experiencing severe confusion. Seeing these touching examples of gentle understanding will give new insight to those viewing this video.

Color, 20 min, VHS

Aging Game

M750.11

Description unavailable.

Life Worth Living

M750.12

An introduction to the principles and practices of the Eden Alternative

It's Better to Live in a Garden

M750.13

In this video Dr. William Thomas introduces the basics of the Eden Alternative and the reasons why more facilities should participate. In addition, the employees and residents at Hill View tell in their own words how they incorporated the Eden philosophy into their community, the results and the successes in their ongoing journey.

Color, 15 min, VHS

Nursing Homes: Quality Information Counts

M750.14

Making decisions about nursing home care for you or your loved one can be a difficult process. Medicare has published information on its website, www.medicare.gov, to help you in this process. By clicking on "Nursing Home Compare" on the Medicare website, you can learn about the quality of care in the nation's 17,000 nursing homes. This quality information, combined with other options such as visiting nursing homes and talking with administrators, can help you make a decision about nursing homes. This video is specially designed to help Kansas understand how to use Medicare's quality information, as well as how to navigate the Medicare website.

The Green House Project

M750.15

15 minute video presentation - includes a Power Point Presentation of the Green House Concept and a 7 minute video of the United Methodist Senior Services of Mississippi Green House Project at Traceway in Tupelo, Mississippi.

Color, 18 min, VHS

Bill Thomas: 3 Presentations

**M750.16,
M750.17**

Description unavailable.

KSU Center on Aging

Media Descriptions listed by Category

Extended Care & Your Loved One

M750.18

Having your loved one enter a rehabilitation or healthcare nursing facility can be a difficult experience. Family members report confusion and uncertainty as to what to expect. Many have feelings of guilt and sadness. *Extended Care & Your Loved One: How to Have a Meaningful Visit with Your Loved One at a Nursing Facility* was developed specifically for family members who are looking for answers regarding what to expect when visiting a nursing or healthcare facility.

Color, 38 min, VHS

Pet Therapy and Long Term Care

M750.19

People at all ages have a need for intimacy but as they grow older opportunities for close relationships with others often diminish. This is especially true for people in long term care environments. Having animals in a facility on a regular basis can provide opportunities for intimacy and touching that is often missing. Using animals in this way is often referred to as 'pet therapy'. This video presents an overview of the pet therapy in long term care. It explains the benefits of having pets, the issues to be addressed and provides suggestions for implementing a pet therapy program. Staff and administrators at any long term care facility considering having animals or that already has animals in the facility can benefit from the information in this video and from the workshop materials that accompany it. Everything has been provided to conduct a staff workshop on this topic.

15 min, VHS

Everyday Choices

M750.20

Through the story of one young visiting nurse and her elderly patient, Gerardo, this challenging documentary explores personal, professional, and ethical dilemmas faced by nurses working in home care and community settings. Study guide available online.

2003, Color, 28 min, DVD

Separated by Time and Distance:

Long Distance Caregiving

M750.21

Nearly 7 million Americans are long-distance caregivers for their loved ones. This video explores several dilemmas and solutions to dealing with caregiving from afar. Also features the services of Rona Bartlestone, one of the founders of Geriatric Care Managers in Ft. Lauderdale, FL.

2003, Color, 25 min, DVD

A Tale of Transformation: 4 Stages to Tell the Story

M750.22

Many people are familiar with traditional nursing home culture: departmentally structured, efficient, effective, but usually not the way people want to live. Many nursing homes are starting to move away from this institutional past through a process of culture change. "A Tale of Transformation," uses four stages to tell the story.

This video will take you on a virtual tour of four fictional nursing homes, each at a different stage of culture change progression. The tours are punctuated with various insights and examples for creating more privacy, choice, and purpose in the daily lives of people living in long term care environments.

"A Tale of Transformation" and the accompanying training workbook will help individuals in the conceptualization and communication of a culture change vision that involves residents, families and staff working as a team to shape a climate where people can continue to direct their own lives.

Color, 66 min, DVD

Almost Home: Changing Aging in America

M750.23

Almost Home is a feature-length, cinema verité film that rescues the real stories of aging from an exile of denial. Shot over the course of a year at a retirement community in America's Midwest, Almost Home follows one couple bonded by their struggle with Alzheimer's and another divided by the challenges of Parkinson's; children who are torn between caring for their parents and caring for their own children; nursing assistants who must do unsavory work for poverty wages while juggling precarious lives at

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home; healthy elders who fear the day they may have to move to the dreaded nursing home; and a visionary nursing home director who feverishly works to alleviate such fear by transforming the impersonal, regimented hospital-like institution into a warm "home" that promotes autonomy and inspires independence rather than fear. *Almost Home* delivers a dramatic and surprising story about aging that grips you from the start never flinches from reality, and offers hope where many think there is none.

2006, Color, DVD

Bathing without a Battle: Creating a better bathing experience for persons with Alzheimer's disease and related disorders **M750.25**

This package contains an interactive educational CD ROM (2-3 hours CEU credit) and an educational DVD (1 hour credit). The information provided is based on over 10 years of research into improving bathing for persons with dementia. Topics covered include person-centered techniques such as simple practical approaches to make showering, tub bathing, in-room bathing, and hair washing more comfortable; bathing equipment and supplies including new products to use so bathing is easier and more convenient, with web links; facility bathing policies including methods of changing policies to promote person-centered care; and federal nursing home regulations including key issues to help facility staff better understand expectations and comply with regulations. Separate tracks are available for nurses, nursing assistants, nursing home administrators, surveyors, ombudspersons, and home care givers.

2003, 40 min, DVD

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