
DEBRA M. SELLERS

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School of Family Studies and Human Services
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Research and Extension
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AREA OF INTEREST

Adaptive aging, with an emphasis on supporting functional abilities through access to services and technology, particularly for people with disabilities, their families and caregivers.

EDUCATION

Doctor of Philosophy, December, 2004, Kansas State University. Major: Lifespan Human Development. Emphasis: Gerontology. Dissertation: "The Effects of Animal Assisted Therapy on the Quality of Life of Elders with Dementia."

Master of Science, August, 1993, The University of Florida. Major: Recreational Studies. Emphasis: Therapeutic Recreation. Thesis: "Therapeutic Recreation in Florida Adult Day Care Centers."

Bachelor of Arts, December, 1988, The University of Florida. Major: English.

EXPERIENCE

2006-present. Assistant Professor & Extension Specialist, School of Family Studies and Human Services, Kansas State University (Manhattan, Kansas).

Extension responsibilities include planning, developing, implementing, and evaluating extension programs in adult development and aging. Materials, resources, presentations and other items are developed or adapted for use by county agents, by professionals in the aging field, and by the citizens of Kansas. Collaboration with KSU faculty results in the translation of research-based information for the general public. Networking with state agencies and organizations to determine needs and create partnerships informs and supports all activities. Effective utilization of the media provides needed outreach for efforts.

Service at the professional level includes elected National Chair (2009), Executive Committee Member (2008), Chairman of the Health Content Committee (2006-2008), and peer reviewer (2006-present) for the eXtension Family Caregiving Community of Practice, and member, eXtension national committee on scholarship; (invited) reviewer for the *Journal of Aging, Humanities, and the Arts* (2009); reviewer for the American Society on Aging, Aging in America Annual Conference (2009); committee member for the Priestler National Extension Health Conference (2006-2007); committee member for the 2007 & 2009 National Extension Family Life Specialists Conference; and membership in the Gerontological Society of America, the American Society on Aging, and AARP.

Service to the University includes membership on the *K-State For All* (Disability Awareness) planning committee (2008-2010), membership on the *New Faculty Institute Coordinator* search committee (2008, Center for the Advancement of Teaching & Learning), and service as outside chair for Ms Jessica Lane, doctoral candidate in Counseling and Student Development, with anticipated graduation in the Fall of 2010.

Service in Kansas State University Agricultural Research Station and Cooperative Extension Service and the College of Human Ecology includes co-chairmanship of the Program Focus Team in Adult Development and Aging (2006-2009); membership on the *Instructional Designer* search committee (2008, Department of Communications); member of the planning committee for the Family & Consumer Sciences Agent August Update (2008); and member of the Reinstatement Committee (2008-present, College of Human Ecology).

Service to the community includes committee membership on the state-wide Arthritis Task Force led by Kansas Department of Health & Environment (2007-present); Riley County Seniors' Service Center Senior University Advisory Committee (2008); volunteering at a long-term care facility (2004-2008); and member, 2nd Vice-President (2007-2008) and 1st Vice-President (2008-2009) in local Lions' Club.

2004-2006. Instructor, Department of Human Development and Family Studies, Oregon State University-Cascades (Bend, Oregon).

Teaching responsibilities in the Department of Human Development and Family Studies included undergraduate courses in Adult Development and Aging, Critical Thinking, Practicum Experience in Human Services/Gerontology, Professional Helping Skills, Mental Health in Later Life, and Alternative Therapeutic Interventions/Animal Assisted Therapy. Additional teaching responsibility in the Department of Sociology included Sociology of Aging.

Research responsibilities included directing undergraduate research projects and independent research.

Service responsibilities included elected membership on the Dean's Advisory Council, Board member for the Central Oregon Council on Aging, Committee member for the Central Oregon Annual Gerontology Conference, and weekly volunteer responsibilities at a local assisted living facility.

2005 & 2003. Adjunct Instructor, School of Family Studies and Human Services, Kansas State University (Manhattan, Kansas).

Teaching responsibilities in the School of Family Studies and Human Services included an undergraduate course in Human Development and Aging and a graduate course in Alternative Therapeutic Interventions/Animal Assisted Therapy (advisor: Rick Scheidt, Ph.D).

2002-2004. Rehabilitation Staff Member, Council Grove Health Care Center, Council Grove, Kansas.

2001-2003. Life Enhancement Specialist, Meadowlark Hills Retirement Community, Manhattan, Kansas.

1999-2001. Public Relations Coordinator/Director, Assistive Technology and Resource Center, Topeka Association for Retarded Citizens, Topeka, Kansas.

1993-1998. Director of Rehabilitation/Corporate Therapeutic Recreation Consultant, Beverly Enterprises, Fort Smith, AR (for Kansas).

1991-1993. Director of Social Services/Activities, Putnam Memorial Nursing Home, Palatka, Florida.

1989-1990. Outreach Coordinator/Case Manager, Volusia County Council on Aging, Daytona Beach, Florida.

PUBLICATIONS (peer-reviewed)

2009.

Sellers, D., Crocker, A., Nichols, A., Kirby, S., & Brintnall-Peterson, M. (2009). Creating the eXtension family caregiving community of practice. *Journal of Extension* [On-line], 47(5). Available at: <http://www.joe.org/joe/2009october/a1.php>

Sellers, D. (2009). So, how old is too old: A forced reflection on the meaning of old age. *Journal of Aging, Humanities, and the Arts*, 3(2), 140-143.

Sellers, D. (2009). The global practitioner. *Annals of Long-Term Care: Clinical Care and Aging (medical journal of the American Geriatrics Society)*, 17(2), 31-32.

2008.

Sellers, D. (2008). Together. *Journal of Aging, Humanities, and the Arts*, 2(1), 48-49.

Sellers, D. (2008). Building Extension's capacity through knowledge of global aging issues. *Journal of Extension* [On-line], 46(1). Available at:
<http://www.joe.org/joe/2008february/comm1.shtml>

2007.

Sellers, D., & Milton, M. (2007). The effects of a grandfather's disease process and death on the formation of personal identity in a granddaughter. *Journal of Aging Studies*, 21(3), 229-238.

2005.

Sellers, D. (2005). The evaluation of an animal assisted therapy intervention with elders with dementia in long-term care. *Activities, Adaptation & Aging*, 30(1), 61-77.

EXTENSION PUBLICATIONS (peer-reviewed)

2009.

Sellers, D. (2009). Easing Life Tasks with Assistive Technology. *eXtension*, [On-line]. Available at:
http://www.extension.org/pages/Easing_Life_Tasks_with_Assistive_Technology

Sellers, D. & Bane, S. (2009). Entering Into Pet Ownership/Article. *eXtension*, [On-line]. Available at: http://www.extension.org/pages/Entering_Into_Pet_Ownership

Sellers, D. & Kirby, S. (2009). The LiveAbility House. *eXtension*, [On-line]. Available at: http://www.extension.org/pages/The_LiveAbility_House

2008.

Sellers, D. (2008). Neighbors needing help/Article. *eXtension*, [On-line]. Available at:
http://www.extension.org/pages/Neighbors_Needing_Help

Sellers, D., & Dittman, E. (2008). Advance directives in Kansas/Fact Sheet. *KSRE Numbered Publication MF2815*.

Sellers, D., & Dittman, E. (2008). Durable power of attorney for health care in Kansas/Fact Sheet. *KSRE Numbered Publication MF2816*.

Sellers, D., & Dittman, E. (2008). Living wills in Kansas/Fact Sheet. *KSRE Numbered Publication MF2817*.

Sellers, D., & Dittman, E. (2008). Do not resuscitate directives in Kansas/Fact Sheet. *KSRE Numbered Publication MF2818*.

Sellers, D., & Dittman, E. (2008). Plan for your future with Kansas advance directives/Postcard. *KSRE Numbered Publication MF2819*.

Sellers, D., & Dittman, E. (2008). Advance directives for health care in Kansas/3-Panel Poster. *KSRE Numbered Publication MF2820P*.

Sellers, D., & Dittman, E. (2008). Advance directives for health care in Kansas/1-Panel Poster. *KSRE Numbered Publication MF2846P*.

Sellers, D., & Dittman, E. (2008). Fashion an easier lifestyle with assistive technology/Fact Sheet. *KSRE Numbered Publication MF2837*.

Sellers, D., & Dittman, E. (2008). Fashion an easier lifestyle with assistive technology/Leader's Guide. *KSRE Numbered Publication MF2838*.

Sellers, D., & Dittman, E. (2008). Fashion an easier lifestyle with assistive technology/Postcard. *KSRE Numbered Publication MF2839*.

Sellers, D., & Dittman, E. (2008). Fashion an easier lifestyle with assistive technology/3-Panel Poster. *KSRE Numbered Publication MF2840*.

Sellers, D., Garcia, J.M. & Dittman, E. (2008). Understanding aphasia/Article. *eXtension*, [On-line]. Available at: <http://www.extension.org/pages/Understanding+Aphasia>

2007.

Sellers, D. (2007). Assistive technology and adaptive equipment/Article. *eXtension*, [On-line]. Available at: <http://www.extension.org/pages/Assistive+Technology+and+Adaptive+Equipment>

Sellers, D. (2007). eXtension family caregiving/Fact Sheet. *KSRE numbered publication MF 2808*.

Sellers, D. (2007). eXtension family caregiving/3-panel display. *KSRE numbered publication MF 2808P*.

Sellers, D. (2007). Health and family caregiving/Article. *eXtension*, [On-line]. Available at: http://www.extension.org/pages/Health_and_Family_Caregiving

Sellers, D. (2007). Health benefits of pets/Article. *eXtension*, [On-line]. Available at: <http://www.extension.org/pages/Health+Benefits+of+Pets>

Sellers, D. (2007). Info on the Go: Caregiver grandparents/Postcard. *KSRE numbered publication MF 2792*.

Sellers, D. (2007). Info on the Go: Falls prevention/Postcard. *KSRE numbered publication MF 2790*.

Sellers, D. (2007). Info on the Go: Older adult services/Postcard. *KSRE numbered publication MF2789*.

Sellers, D. (2007). Info on the Go: Parkinson disease/Postcard. *KSRE numbered publication MF 2791*.

Sellers, D. & Crocker, A.B. (2007). Medical professionals explained/Article. *eXtension*, [On-line]. Available at:
<http://www.extension.org/pages/Medical+Professionals+Explained>

PRESENTATIONS AT PROFESSIONAL MEETINGS & PEER REVIEWED CONFERENCES

2009.

Gibson, J., Crocker, A., & **Sellers, D.** (2009). eXtension Family Caregiving. *Extension Human Sciences Network Conference*, New Orleans, LA.

Sellers, D. (2009). [*Invited video presentation*]. Empowering Cooperative Extension System Employees (The Scholarship of eXtension); included in: eXtension Strategic Roadmap and More, by Henning, J., Hinton, K., Cotton, D., and Schuchardt, J. *National Extension Directors/Administrators Meeting*, New Orleans, LA.

2008.

Brintnall-Peterson, M., Crocker, A., Kirby, S., & **Sellers, D.** (2008). The Experience of Content Groups within a Community of Practice. *2008 National Community of Practice Conference*, Louisville, KY.

Brintnall-Peterson, M., Crocker, A., & **Sellers, D.** (2008). eXtension: State-Specific Demographic Fact Sheets on Family Caregiving. *2008 Ag Outlook Forum*, Washington, DC.

Golden, R., Cutler, S., Factor, A., Powers, M., Ross, N, Levy, V., & **Sellers, D.** (2008). [*Invited*]. Aging in China: What America Can Learn. *2008 Conference of the National Council on Aging and the American Society on Aging*, Washington, D.C.

Milliken, J.B., Bourne, J.R., Cotton, D., **Sellers, D.**, & Wallace, C. (2008). [*Invited discussant*]. E-Learning: The Changing Face of Education. Plenary session, *The 2008 Annual Meeting of the National Association of State Universities and Land-Grant Colleges (NASULGC)*, Chicago, IL.

Sellers, D. (2008). Intentional Harmony: Managing Work and Your Partner. *Governor's Conference on Aging Services*, Topeka, KS.

Sellers, D., Bane, S., Nichols, A., Thomason, D., & Weber, D. (2008). Caregiving is Everyone's Business. *Galaxy III*, Indianapolis, IN.

2007.

Higgins, M. H. & **Sellers, D.** (2007). Nutrition for Older Adults: Ideas for Effective Education. Workshop at the *2007 Priester National Health Conference*, Kansas City, MO.

Sellers, D. (2007). *[Invited Keynote]*. Aging: Why Bother? *Annual Cascades Gerontology Conference*, Bend, OR.

Sellers, D. (2007). A Piece of the Global Puzzle: Aging in China. Poster session at the *National Extension Family Life Specialists Conference*, Atlanta, GA.

Sellers, D. (2007). *[Invited]*. COMMUNITY: Beijing. *Annual Cascades Gerontology Conference*, Bend, OR.

Sellers, D. & Flaming Jackson, S. (2007). Intentional Harmony: Managing Work and Life. *K-State Research and Extension Annual Conference*, Manhattan, KS.

2005.

Sellers, D. (2005). Animal-Assisted Therapy and Elders with Dementia. Poster session at the *National Recreation and Parks Association Congress and Exposition*, San Antonio, TX.

Sellers, D. (2005). *[Invited]*. Evidence-Based Practice: Animal-Assisted Therapy. Workshop at the *Oregon State University Annual Conference in Gerontology*, Corvallis, OR.

Sellers, D. (2005). Evidence-based Practice: Animal-Assisted Therapy. Poster session at the *13th Annual Alzheimer's Association Dementia Care Conference*, Chicago, IL.

2002.

Kelley, S., **Sellers, D.**, & Finneran, L. (2002). Animal-Assisted Therapy: A Rainbow of Experiences. Member of symposium at the *National Association for Drama Therapy 23rd Annual Conference*, Albuquerque, NM.

2001.

Sellers, D. (2001). Canine Companions and People: A Partnership for Life. Workshop at the *6th Annual International Therapeutic Recreation Symposium*, Tampa, FL.

Sellers, D. (2001). Facility Dogs in the Special Education Classroom. Workshop at the *Council for Exceptional Children Annual Convention and Expo*, Kansas City, MO.

PRESENTATIONS (COMMUNITY/ORGANIZATIONAL/UNIVERSITY)
By Invitation

2009.

Jackson, S. & **Sellers, D.** (2009). *Intentional Harmony: Managing Work and Life*. Organizational presentation, *2009 United Associations Conference*, Wichita, KS.

Sellers, D. (2009). *Fashion An Easier Lifestyle with Assistive Technology*, Community presentations, *Kansas State University Research and Extension Community Meetings*, Pratt & Kingman, KS; *Northeast Area Office Professional Training*, Manhattan, KS.

Sellers, D. (2009). *Second Life® and Cooperative Extension*. University presentations, *College of Human Ecology Spring 2009 Faculty Forum*, *Second Life® Users' Meeting*, and *Instructional Design and Technology Roundtable*, Manhattan KS.

Sellers, D. & Crocker, A. (2009). *Tour of eXtension Family Caregiving*. University presentation, *University of Wisconsin-Extension Aging in Our Communities In-service*, Stephens Point, Wisconsin.

2008.

Sellers, D. (2008). *Animal-Assisted Therapy*. Community presentation, *Full Circle Conference on Aging*, Oakley, KS.

Sellers, D. (2008). *Careers in Aging*. University presentation, *Careers in Aging Series Sponsored by the KSU Center on Aging*, Kansas State University, Manhattan, KS.

Sellers, D. *Falls Prevention*. Community presentations:

- (2008). *Community Meeting*, Concordia, KS.
- (2008). *Wellness Council*, Clay Center, KS.
- (2008). *Russell Senior Center*, Russell, KS.
- (2008). *Lincoln Senior Center*, Lincoln, KS.
- (2008). *Mankato Community Center*, Jewell, KS.

Sellers, D. (2008). *Fashion an Easier Lifestyle with Assistive Technology*. Community presentation, *Northwest Kansas Stroke and Neurological Support Group*, Hays, KS.

Sellers, D. (2008). *Fashion An Easier Lifestyle with Assistive Technology*, University presentation, *FCS August Agent Update*, Manhattan, KS.

Sellers, D. (2008). *Intentional Harmony: Managing Work and Your Partner*. Community presentation, *Kansas State University Research and Extension Luncheon Community Meeting*, Marysville, KS.

Sellers, D. (2008). *Kansas Cooperative Extension: A Resource for You*. Community presentation, *Traumatic Brain Injury Support Group*, Manhattan, KS.

Sellers, D. (2008). The Future of Extension: Interactive Media & Immersive Environments. University presentation, *Kansas State University Research & Extension Program Enhancement Conferences*:

- Northeast Area, Manhattan, KS
- Southeast Area, Wichita, KS

Sellers, D. (2008). The Three P's. University presentation, *Kansas State University Research and Extension New Agent Orientation*, Manhattan, KS.

2007.

Sellers, D. (2007). Aging in China. University on-line guest lecture, *GERON620: Global Perspectives on Elder Care*, Kansas State University, Manhattan, KS.

Sellers, D. (2007). Are You In or Are You Out: The Challenge to Design and Utilize a State-Wide Educational Program to Address Aging Issues. Organizational presentation, *The Joint Kansas & Iowa Occupational Therapy Associations State Spring Conference*, Overland Park, KS.

Sellers, D. Falls Prevention. Community presentations:

- (2007). *Full Circle Conference on Aging*, WaKeeney, KS.
- (2007). *PATH (Personal Actions to Health)*, Pittsburg, KS.
- (2007). *Coffey County Annual Elderfest*, Burlington, KS.
- (2007). *11th Annual Senior University of Pottawatomie County*, Westmoreland, KS.

Sellers, D. (2007). People with Disabilities and Service Dogs. University presentation, *ID651: Design for Supportive Environments*, Kansas State University, Manhattan, KS.

Sellers, D. (2007). The Science and Practice of Animal-Assisted Activity with the Elderly. Organizational presentation, *United Associations Conference*, Wichita, KS.

2006.

Sellers, D. (2006). Defining the Baby Boom Generation. Community presentation, sponsored by the *Sisters Community Action Team*, Sisters, OR.

Sellers, D. (2006). Lavatories and Rocking Chairs: Working with People with Dementia-Related Behaviors. Community presentation, sponsored by *Evergreen In-Home Services (1)*; *Central Oregon Home Care & Hospice (2)*, Bend, OR.

2004.

Sellers, D. (2004). The Effects of Animal-Assisted Therapy on Quality of Life of Elders with Dementia: Research in Progress. University presentation, *Galichia Center on Aging*, Kansas State University, Manhattan, KS.

Sellers, D. & Strand, E. (2004). Putting the FUN in Functional: Community Reintegration. Organizational presentation, *National HealthCare Corporation*, Springfield, MO.

GRANTS, CONTRACTS, AND ACTIVITY

- 2010. SUBMITTED: As part of a Kansas Social and Rehabilitative Services, Disability and Behavioral Health application to the Health Resources and Services Administration for *TBIoptions: Community Resources for Traumatic Brain Injury*: \$402,320 (4 years).
- 2010. Principal Investigator. Kansas Department of Health and Environment, for *Kansans Optimizing Health*: \$17,000.
- 2009. Co-Principal Investigator with Garcia, J. M. Kansas Social and Rehabilitative Services, Disability and Behavioral Health, for *TBIoptions: Community Resources for Traumatic Brain Injury*: \$57,384.
- 2009. Principal Investigator. Oregon State University, for *eXtension Family Caregiving: Mastery of Aging Well*: \$10,000.
- 2009. Principal Investigator. Kansas Department of Health and Environment, for *Kansans Optimizing Health*: \$22,329.
- 2009. Chair and Subject Matter Expert in Adult Development and Aging. eXtension Family Caregiving for Aging and Disabled Adults Community of Practice. *Family Caregiving Leadership Funds, 2009-2010*: \$23,500.
- 2008. In partnership with Kansas Department of Health and Environment, for *Kansans Optimizing Health*: \$33,120.
- 2008. Investigator and Subject Matter Expert in Adult Development and Aging. eXtension Family Caregiving for Aging and Disabled Adults Community of Practice. *Family Caregiving and Health*: \$4892.
- 2008. Principal Investigator. Kansas Department of Health and Environment, for *Fashion an Easier Lifestyle with Assistive Technology*: \$4000.
- 2008. Principal Investigator. The Arthritis Foundation, Kansas Chapter, for *Fashion an Easier Lifestyle with Assistive Technology*: \$1750.
- 2008. Principal Investigator. Assistive Technology for Kansans Project, for *Fashion an Easier Lifestyle with Assistive Technology*: \$1000.
- 2007. Principal Investigator. University Small Research Grant program (USRG), Kansas State University, for *SageAdvice: Understanding Ageism*: \$3500.

2007. Principal Investigator. Center on Aging, Kansas State University, for *SageAdvice: Understanding Ageism*: \$1600.
2007. Principal Investigator. College of Human Ecology, Kansas State University, matching grant for *SageAdvice: Understanding Ageism*: \$500.
2007. Principal Investigator. School of Family Studies and Human Services, Kansas State University, for *SageAdvice: Examination of Ageism in an Alternative Culture*: \$1000.
2007. Principal Investigator. College of Human Ecology, Kansas State University, matching grant for *SageAdvice: Examination of Ageism in an Alternative Culture*: \$500.
2007. Investigator and Subject Matter Expert in Adult Development and Aging. eXtension Family Caregiving for Aging and Disabled Adults Community of Practice. *Family Caregiving and Health*: \$4371.
2007. Participant. United States Department of Agriculture, Cooperative State Research, Education, and Extension Service. *Kansas Operation Military Kids: Interactive Theatre*: \$1192.

COMMUNITY & EXTENSION OUTREACH

STRATEGIES, RESOURCES, PROGRAMS, PRODUCTS, & ENDEAVORS

- TBIoptions: <http://www.TBIoptions.ksu.edu>.
Sellers, D. & Mertz Garcia, J. (2008-present). This project is designed to create, implement, and evaluate a comprehensive, interactive, educational experience for caregivers of individuals with traumatic brain injuries. *The specific aim is to link caregivers to potentially helpful agencies and services within their local communities.*
- Assistive Technology. (2008-present).
This program consists of various components, all designed to provide participants with layered opportunities to explore how assistive technology can improve quality of life.
 - Sellers, D. (2008). Fashion an Easier Lifestyle with Assistive Technology State Program. Available at:
<http://www.aging.ksu.edu/DesktopDefault.aspx?tabid=87>
 - Sellers, D. (2009). Fashion an Easier Lifestyle with Assistive Technology On-line Learning. Available at:
<http://www.aging.ksu.edu/DesktopDefault.aspx?tabid=175>

- Sellers, D. (2009). Easing Life Tasks with Assistive Technology/Interactive Learning Lesson. *eXtension*, [On-line]. Available at:
http://www.extension.org/pages/Easing_Life_Tasks_with_Assistive_Technology
- Sellers, D. & Kirby, S. (2009). The LiveAbility House/Virtual Reality Learning Experience. *Second Life*®, [On-line]. Available at:
<http://slurl.com/secondlife/Morrill/31/204/24>
- Sellers, D. & Kirby, S. (2009). The LiveAbility House/Interactive Learning Lesson. *eXtension*, [On-line]. Available at:
http://www.extension.org/pages/The_LiveAbility_House
- SageAdvice: <http://www.aging.ksu.edu>.
Sellers, D. (2007-present)
Provides information for all programs offered through the Adult Development & Aging office, including *Intentional Harmony*, *Fashion an Easier Lifestyle with Assistive Technology*, *Kansans Optimizing Health Program*, *Legally Secure Your Financial Future*, and *TBIoptions*. Acts as a dissemination method for other resources and communications.

**PUBLICATIONS: adopted for use by other states/organizations
2007.**

Sellers, D. (2007, June). Adult learning. [Issue]. *Age Buzz*. By: The National Comprehensive Center for Teacher Quality, Chicago, IL.

Sellers, D. (2007). eXtension family caregiving/Fact Sheet. *KSRE numbered publication MF 2808*. By: Iowa State Research and Extension.

Sellers, D. (2007). eXtension family caregiving/3-Panel Poster. *KSRE numbered publication MF 2808P*. By: Iowa State Research and Extension.

PUBLICATIONS

Periodic.

Sellers, D. *Age Buzz*, a periodic on-line resource. Topics include: *Preparing elder-friendly materials* (Rarick, T. & Sellers, D.), *Let's talk about Parkinson's disease*, *What's up on campus*, *Caregiver grandparents* (James, B. & Sellers, D.), *Aging and animal-assisted therapy*, *Adult learning*, *Why care about global aging*, *Detangling dysarthria* (Sellers, D., Garcia, J.M., & Dittman, E), *Appreciating aphasia* (Sellers, D., Garcia, J.M., & Dittman, E), *Answers on assistive technology* (Sellers, D. & Regan, K), *Advance directives in Kansas*, and *SageAdvice: What it is and how it works for you*.

Maddux, E., Smith, C., Johannes, E., Shoup Olsen, C., & Sellers, D. *Family Studies and Human Services Update*, a periodic on-line resource. Topic: *Traumatic brain injury: An emerging older adult issue*.

2008.

Sellers, D. (2008, February). *Research progress report. SageAdvice: Understanding ageism*. Manhattan, KS: Kansas State University, for the Center on Aging.

Sellers, D. (2008). We know families (aging)/Postcard. *KSRE Numbered Publication MF-33*.

2003.

Sellers, D. (2003). Message from a graduate. *New Beginnings, Spring 2003, 8*.

2002.

Sellers, D. (2002). Alzheimer's Association viewpoint: Dementia screening tests. *Hand in Hand: New Perspectives for the Elderly and Caregivers, 2, 1*.

2000.

Sellers, D. (2000). Some facts about mental retardation and developmental disabilities. *TARC, Inc., 2*.

EXHIBITS

2009.

Kahl, J. & Sellers, D. (2009). Kansans Optimizing Health Program. *2009 KSRE Annual Conference, Manhattan, KS*

2008.

Sellers, D. (2008). eXtension Family Caregiving. *FCS Update, Manhattan, KS*.

Sellers, D. (2008). Kansans Optimizing Health Program. *FCS Update, Manhattan, KS*.

Sellers, D. & Regan, K. (2008). Fashion an Easier Lifestyle with Assistive Technology. *2008 KSRE Annual Conference; FCS Update, Manhattan, KS*.

2007.

Sellers, D., Kahl, J., & Dittman, E. (2007). eXtension Family Caregiving. *AARP Summit, Manhattan, KS*.

Sellers, D. & Dittman, E. (2007). eXtension Family Caregiving. *Caregiving Across the Ages, The Kansas Area Agencies on Aging Association, Overland Park, KS*.

Sellers, D. (2007). eXtension Family Caregiving. *Full Circle: An Aging Expo, WaKeeney, KS*.

MEDIA

Various.

Radio interviews and press releases. Topics include:

The baby boomer generation, Preventing falls in the elderly, Family check up, Services available to older adults, Dogs:

A person's best therapy, Adult learning, Global aging, Family caregiving, Intentional harmony: Managing work & life, eXtension family caregiving, Assistive technology makes life easier, What can we learn from China?, Holiday or not: Take time to enjoy family (Olsen, C., Johannes, E. & Sellers, D), and *Kansans optimizing health* (Winters, C. & Sellers, D).

Features in the Kansas City Star, Topeka Capital-Journal, Manhattan Mercury, Grass & Grain, Pratt Tribune, Lindsborg News-Record, Holton Recorder, Council Grove Republican, K-Stater, Channel 13 & 49 (Topeka, Kansas), Channel 21 (Bend, OR), Channel 7 (Hays, KS) & WRMY Radio (Sarasota, Florida).

2003. Feature story in the book *Therapy Pets: The Animal-Human Healing Partnership* by Jacqueline J. Crawford and Karen A. Pomerinke. Prometheus Books.

2003. Feature photograph in the book *Love Heels* by Patricia Dibsie and Dean Koontz. Yorkville Press.

STUDENTS

Graduate Research Assistants

- Nikki Ramsey, 2008-2009
- Tim Rarick, Fall 2006

Interns and Honors Students (Co-authors of Extension publications & newsletters)

- Kirsten Regan, Honors Project, Fall 2008 (Assistive Technology)
- Erin J. Dittman, Intern for FSHS 580, Fall 2007 (Assistive Technology/Advance Directives)

Student Workers

- Ben Bolender, Spring 2008 (*SageAdvice* data analysis)
- Emma Cott, Spring 2008 and Summer 2009 (*SageAdvice* transcription)
- Kirsten Regan, Spring 2008 (Assistive technology)
- Marsha Landis, Spring 2007 (*SageAdvice* website development)

HONORS AND AWARDS

2009. Selected for a **Team Award**, (for outstanding effort by a group of individuals who are addressing one of the core mission themes of K-State Research and Extension) as a member and co-chair for the Adult Development & Aging Program Focus Team, Kansas State University Research and Extension.

2009. Selected for a **Distinguished Team Award**, (for significant contribution to state Extension program planning and delivery) as a member and co-chair for the Adult

- Development & Aging Program Focus Team/Kansas State University Research and Extension, Epsilon Sigma Phi, Alpha Rho, Kansas Chapter.
2008. Elected by blind ballot to position of National Chair, eXtension Family Caregiving Community of Practice, (for 2009-2010).
2008. Selected with Jane Mertz Garcia for the ***Katey Walker Extension Development Fund Award***, for *Interactive Resource Directory for Individuals with Traumatic Brain Injury*, Kansas State University, College of Human Ecology, \$375.
2008. Selected for a ***Horizon Award***, (for early career professionals showing noteworthy enthusiasm, performance and accomplishment during their early Extension careers in Kansas [first six years] in program design and delivery), Epsilon Sigma Phi, Alpha Rho, Kansas Chapter.
2008. Selected for a ***Team Award***, (for participation as a team member, KS Operation: Military Kids & 4-H Military Installation Programs), K-State Research and Extension.
2008. Selected for the ***Big 12 Fellowship Program***, Office of the Provost, Kansas State University.
2008. Selected for a half-time ***Graduate Research Assistant Award***, Family Studies and Human Services, College of Human Ecology, Kansas State University.
2007. Elected by the eXtension National Family Caregiving Community of Practice as a ***Representative for the eXtension National Launch*** (Ag Outlook Forum) in Washington, D.C. in February 2008.
2007. Selected for a ***Graduate Research Assistant Award***, Family Studies and Human Services, College of Human Ecology, Kansas State University.
2005. Selected for a ***Faculty Travel Award***, by the faculty advisory panel of the Department of Human Development and Family Sciences, Oregon State University-Corvallis.
2003. Selected for the ***National Canine Companions for Independence Calendar*** as an animal assisted therapy team that best represents the philosophy and mission of the organization.
2001. Voted one of Manhattan's ***Most Admired People*** by *The Manhattan Mercury* for representing the ideals of the community.
2001. Winner of the ***Community Awareness & Public Relations Award*** for advocacy efforts, *State of Kansas Chapter of the National Association for Retarded Citizens*.