

Karen S. Hudson MEd, RD,LD



FNP Coordinator
Kansas State University
Department of Human
Nutrition
Justin Hall Room 201
Manhattan, Kansas 66506
Phone: (785) 532-0177

e-mail: HUDSON@ksu.edu

Education

Registered dietitian, American Dietetic Association

Licensed dietitian, Kansas license

M.Ed. in Higher Education (Counseling and Student Personnel Administration)--1973

B.A. in History--1967

Work Experience-Dietetics

Coordinator, Kansas Family Nutrition Program (FNP)

Kansas State University Research and Extension—

1996-present

- Co-P.I. and coordinator for Kansas' USDA Food Stamp Nutrition Education
- P.I for United Health Ministry Innovation Grant: Healthy Hispanic Families
- Chair of the Food and Nutrition Extension Division of the Society for Nutrition Education
- Member of Kansas Governor's Food Security Task Force
- Co-presenter in HN 520: *Nutrition Education in Extension*
- Past member of USDA Work Group on Food Stamp Nutrition Education and Administration Reporting System (EARS)
- Past editor of Mountain Plains Regional Food Stamp Nutrition Education Annual Reports

- Past member of K-State Research and Extension's Risk Management Committee

Director of Dietetics and Food Service, Wharton Manor Long-term Care Facility—1995-1996

Dietitian, Fort Riley Intervention Project—1993-1995

- Member health promotion research team sponsored by the US Army's Office of the Surgeon General

Assistant Manager of Kramer Dining Center at Kansas State University—1991-1992

Special Award

- Fort Riley Commander's Award for Civilian Service for contribution to the Fort Riley Intervention Project—1995
- Kansas State Research and Extension Team Award for the Family Nutrition Program—2004
- Extension Risk Management Committee Team Award—2006
- USDA Pinnacle Award for Excellence through Technology – 2007
- Kansas State University Research and Extension Diversity Award - 2008

Professional Affiliations

- American Dietetics Association—1993-present
- ADA Practice Groups: Vegetarian Practice Group; Public Health Nutrition Practice
- Kansas Dietetics Association and Kaw Valley Dietetics Association—1993-present (officer)
- Society for Nutrition Education—2000-present

Professional Writing

- Lead author-*Feeding Our Youngest* (curriculum and handouts on infant feeding practices)--1998
- Editor and contributing author-*Mountain Plains Regional Food Stamp Nutrition Education Report*—1997-present
- Author-*Family Nutrition Program Annual Report*—1996-present
- Contributing author-*Nutrition Spotlight*--K-State Research and Extension nutrition newsletters—1999-present
- Co-author- *Fruits and Vegetables...Good for You*—nutrition newsletters 2005-present
- Contributing author – Nutrition News – K-State Research and Extension newsletters
- Executive producer for *Elisa's Quinceañera* (You Tube)

Poster Session

- Koszewski W, Peters P, Hudson K. *Mountain Plains Regional Food Stamp Nutrition Education Report*. 1999. Society for Nutrition Education. Charleston, South Carolina.

To Return to the Department of Human Nutrition Home Page: [Department of Human Nutrition Home Page](#)