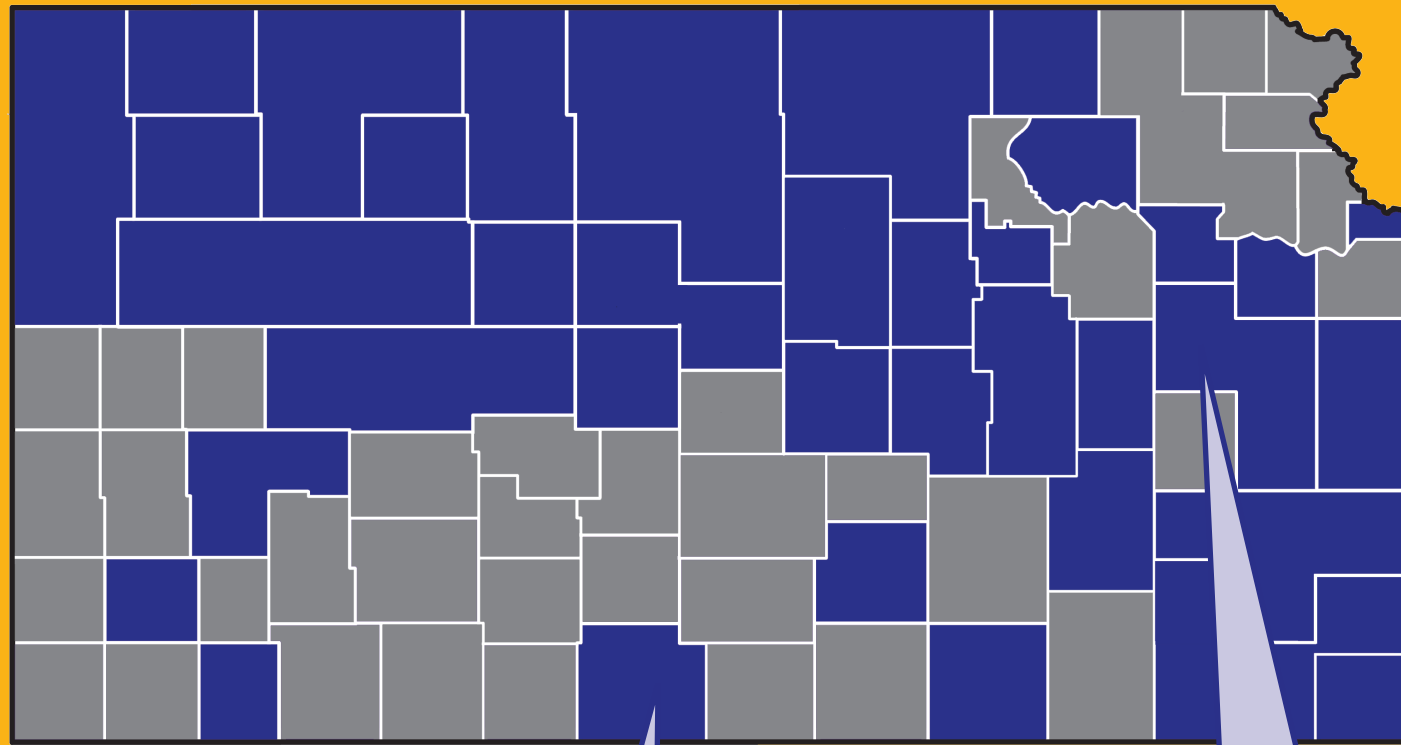


SNAP-Ed serves 66 counties in Kansas



■ SNAP-Ed county or district

Barber County

After attending a Barber County SNAP-Ed *Money for Food* lesson series, a single mom of six saved \$100 on groceries using the meal prepping strategies she had learned. The money saved was very important to her family, because she was also caring for her parents who were unable to work.

Frontier District (Osage, Franklin and Anderson)

Three-quarters of 4th grade students in Osage County used food thermometers at home this year. This was a direct result of the Osage County SNAP-Ed nutrition and food safety lessons in 4th grade classrooms. Only 25% of these households were using food thermometers prior to receiving the lessons.



For more information, contact:

Lisa Ross, RD, LD, CBE

Kansas SNAP-Ed Program Coordinator lkross@ksu.edu 785-532-2714

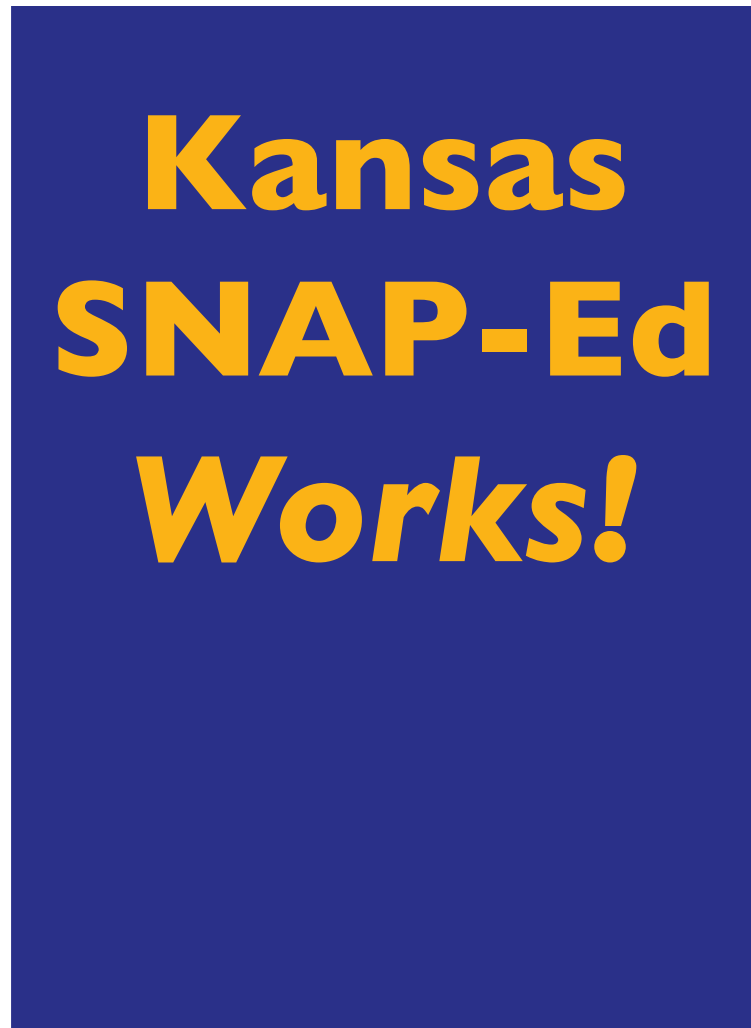
Visit our Kansas SNAP-Ed website
www.hhs.k-state.edu/ks-snaped/

Find us on Facebook
www.facebook.com/kansasnac/

This institution is an equal opportunity provider.



2019 Impact Report



Kansas SNAP-Ed programming is coordinated and delivered by Kansas State Research and Extension in **66 counties** across Kansas. SNAP-Ed provided direct nutrition education to youth, adults, and seniors and partnered with local agencies and organizations using multi-level intervention and community engagement to exert greater impacts among Kansans.

SNAP-Ed reached **19,722** Kansans through direct and indirect nutrition education and PSE efforts. An average of **222,407** Kansans per month received SNAP benefits.



Cowley County SNAP-Ed supported the creation of the Anchor Mobile Food Market in Winfield, Kansas. This mobile farmers market accepts SNAP/EBT cards and makes fresh fruit and vegetable access easier. This initiative reached nearly 400 residents in the city.



Marion County SNAP-Ed spearheaded efforts for maintaining a community garden benefiting the Marion County food bank. Over 3000 pounds of fresh produce from the garden has been donated to the food bank.

Partnerships and Policy, Systems, and Environmental Initiatives

Kansas SNAP-Ed engaged 398 partners

- 151 Schools
- 97 Human Services Organizations
- 29 Government Programs or Agencies
- 28 Food Banks/Food Pantries
- 21 Faith-based Groups

Kansas SNAP-Ed collaborated with 61 coalitions

Coalition members included:

- Public Health and Health Care
- Education
- Agriculture
- Government

Kansas SNAP-Ed implemented 53 Policy, System and Environment activities in:

- Farmers Markets
- Food Banks
- Community Gardens
- Senior Nutrition Centers
- Food Stores
- Restaurants

The Challenge



1 in 3 Kansas adults is **obese**



2 in 5 Kansans consume fruit **less than once** per day



1 in 5 Kansans consume vegetables **less than once** per day



1 in 4 Kansas adults is **physically inactive**



1 in 5 Kansas children faces **hunger**

The Solution

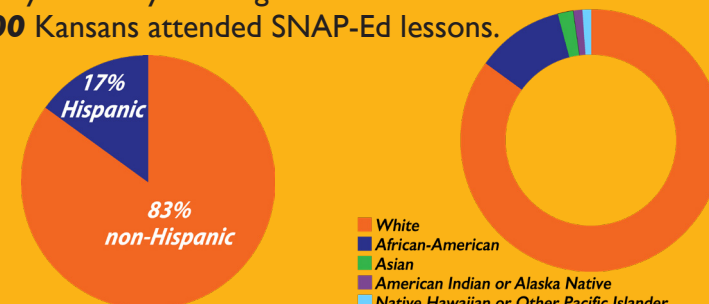
Empower low income youth and adults to choose healthy foods and be physically active.

Change policies, systems, and environments to make healthy choices easier and more desirable.

Collaborate with community partners and coalitions to create a culture of health.

Direct Education

We **empower** limited-resource Kansans to make healthy food choices and be physically active by offering a series of nutrition lessons. Nearly **10,000** Kansans attended SNAP-Ed lessons.



The Outcomes

After participating in the Kansas SNAP-Ed Program, adult participants made behavioral changes to improve their health.

