

Name: _____
 ID: _____

KINESIOLOGY

KINES

Bachelor of Science

PROGRAM REQUIREMENTS (69 HOURS)

**If any of the following courses are applied to K-State Core requirements, please consult your advisor on additional courses to meet the 120 hours.*

HHS Courses (3 Hours)

_____	HHS	100	(1)	WB 1: You & Community
_____	HHS	200	(1)	WB 2: Mind & Body
_____	HHS	300	(1)	WB 3: Money & Meaning

>Major Support Courses (18 Hours)

>Grades of C or better required

_____	BIOL	198	(4)	Prin of Biology
_____	BIOL	441	(4)	Human Body I
	AND			
_____	BIOL	442	(4)	Human Body II
	OR			
_____	KIN	360	(8)	Anatomy & Physiology
_____	PSYCH	110	(3)	Gen Psychology
_____	SOCIO	211	(3)	Intro Sociology

>Professional Courses (48 Hours)

Grades of 'C' or higher and GPA of 2.2 on KIN courses required

>Lower-Level Courses (18 Hours)

_____	KIN	220	(4)	Biobeh Bases/Phys Act
_____	KIN	310	(4)	Measur/Res/Kines
_____	KIN	335	(4)	Physiology/Exercise
_____	KIN	336	(1)	Phys Ex Lab
_____	KIN	345	(5)	Exercise Behav Sci

>Exercise Physiology (3 hours)

(Select one 3-hour course from the following.)

_____	KIN	601	(3)	Cardiorespiratory Physio
_____	KIN	603	(3)	Cardiovascular Phys
_____	KIN	607	(3)	Muscle Physiology
_____	KIN	611	(3)	Autonomic Neurophys

>Exercise Behavioral Science (3 hours)

(Select one 3-hour course from the following.)

_____	KIN	600	(3)	Interprsnl Aspct Phys Act
_____	KIN	602	(3)	Soc Str Determ Phys Act
_____	KIN	610	(3)	Program Plan/Eval
_____	KIN	612	(3)	Policy/Blt Env/Phys Act
_____	KIN	616	(3)	Obesity & Activity
_____	KIN	655	(3)	Indiv Phys Act

College of Health and Human Sciences

Kansas State University

CURRICULUM GUIDE

K-STATE CORE (34 HOURS)

**K-State Core Course List: <https://www.k-state.edu/provost/kstate-core/>*

English (6 hours)

_____	ENGL	100	(3)	Expos Writing I
_____	ENGL	200	(3)	Expos Writing II

Communications (3 hours) One of the following courses

_____	COMM	106	(3)	Public Speaking 1
_____	COMM	322	(3)	Intrprsnl Comm

Math and Statistics (3 hours) Math Pathways TBD

Natural and Physical Sciences (4-5 hours)

One Subject area only, must include a lab

Social Science (6 hours)

At least 2 courses in 2 subject areas

Arts and Humanities (6 hours)

At least 2 courses in 2 subject areas

Free Electives (6 hours)

Any 100 or 200 level courses may apply.

K-STATE CORE MET

University Degree Requirements

Please refer to the University Handbook (Section F121) for Kansas Board of Regents (KBOR) and university requirements that all undergraduate students must meet: <https://www.k-state.edu/provost/universityhb/fhsecf.html#undergraduatedegree requirements>

>Kinesiology Elective Courses Upper-Level (24 hours)

Select 24 credit hours of additional upper level (300-level or above) KIN courses. At least one elective must be at the 600-level or higher UG course.)

_____	KIN		
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UNRESTRICTED ELECTIVES(17 HOURS)

(Only 100-799 level undergraduate courses may be applied)

Additional URE available

>Grades of C or higher are required.

120 Hours Required for Graduation

Gr Chk _____ Initial _____

Fall 2024

**Please refer to the DARS audit for official application of credits.*